

# H.I.P.P.A. FORM

## ACKNOWLEDGMENT AND CONSENT

I understand that Tim Haster, LMT, (referred to below as "Practitioner") will use and disclose **health information** about me.

I understand that my **health information** may include information both created and received by the Practitioner, may be in the form of written or electronic records or spoken words, and may include information about my health history, health status, symptoms, examinations, test results, diagnoses, treatments, procedures, prescriptions, and similar types of health-related information.

I understand and agree that this Practitioner may **use and disclose** my health information within the practice of Rehabilitative Massage LLC, in order to:

- make decisions about and plan for my care and treatment;
- refer to, consult with, coordinate among, and manage along with other health care providers within Rehabilitative Massage LLC. for my care and treatment;
- determine my eligibility for health plan or insurance coverage, and submit bills, claims and other related information to insurance companies or others who may be responsible to pay for some or all of my health care; and
- perform various office, administrative and business functions that support efforts to provide me with, arrange, and be reimbursed for quality, cost-effective health care.

I also understand that I have the right to receive and review a written description of how this Practitioner will handle health information about me. This written description is known as a **Notice of Privacy Practices** and describes the uses and disclosures of health information made and the information practices followed by the employees, staff and other office personnel of Rehabilitative Massage LLC and my rights regarding my health information.

I understand that the Notice of Privacy Practices may be revised from time to time, and that I am entitled to receive a copy of any revised Notice of Privacy Practices. I also understand that a copy or a summary of the most current version of this Practitioner's Notice of Privacy Practices in effect will be posted in waiting/reception area.

I understand that I have the right to ask that some or all of my health information not be used or disclosed in the manner described in the Notice of Privacy Practices, and I understand that this Practitioner is not required by law to agree to such requests.

**By signing below, I agree that I have reviewed and understand the information above and that a copy of the Notice of Privacy Practices is available to me should I request it.**

By: _____ (Patient)	Date: _____
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-OR-

By: _____ (Patient representative)	Date: _____
Description of Representative's Authority: _____	

Rehabilitative Massage, LLC  
Timothy Haster, LMT #10525

## Treatment Consent Form

By signing below, I do hereby voluntarily consent to be treated by Timothy Haster, LMT. I understand that massage therapists practicing in the state of Oregon are not primary care providers and that regular primary care by a licensed M.D. or D.O. is an important choice that Timothy Haster, LMT strongly recommends.

**Therapeutic Massage/Reflexology/Myofascial Release/Trigger Point Therapy/PNF/Neuromuscular Re-education:** I understand that I may also be given massage therapy in the form of Therapeutic Massage, Reflexology, Myofascial Release, Trigger Point Therapy, PNF and/or Neuromuscular Re-education as part of my treatment to modify or prevent pain perception and to normalize the body's physiological functions. I have been made aware that certain adverse side effects may result from the treatment. These could include, but are not limited to: muscle soreness or aching and the possible aggravation of symptoms existing prior to the treatment. I understand that I may stop this therapy if it is uncomfortable and that I am responsible for informing Timothy Haster, LMT at once if I experience discomfort.

I understand that there may be other treatment alternatives, including treatment that might be offered by a licensed physician. I have carefully read and understand all of the above information and am fully aware of what I am signing. I give my permission and consent to treatment.

Signature \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name \_\_\_\_\_

**Rehabilitative Massage, LLC**  
**Timothy P. Haster, L.M.T. #10525**

**PATIENT HISTORY**

Name: \_\_\_\_\_ Referred By: \_\_\_\_\_ Date: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
Birth date: \_\_\_\_\_ Age: \_\_\_\_\_ Marital Status: \_\_\_\_\_ # of Children: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_ Work phone: \_\_\_\_\_  
Social Security Number: \_\_\_\_/\_\_\_\_/\_\_\_\_ Email address: \_\_\_\_\_

**PLEASE FILL IN THE APPROPRIATE SPACES (All information you give is confidential):**

Major Complaint: \_\_\_\_\_  
\_\_\_\_\_  
How long have you had this condition? \_\_\_\_\_  
Date Began: \_\_\_\_\_  
Have you lost work days: Yes ( ) No ( ) How many? \_\_\_\_\_  
Have you had this similar condition before? Yes ( ) No ( ) When? \_\_\_\_\_  
Was the injury related to: work accident ( ) auto accident ( )

**PAST (0) OR PRESENT (X) CONDITIONS:**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Fractured Bones                 | <input type="checkbox"/> Learning Disability   | <input type="checkbox"/> Wheezing                          |
| <input type="checkbox"/> Auto Accidents                  | <input type="checkbox"/> Mistake sidedness (R. from L.)  | <input type="checkbox"/> Heart Problems                    |
| <input type="checkbox"/> (a) _____ 0-1 years ago         | <input type="checkbox"/> Stutter   | <input type="checkbox"/> Stroke                            |
| <input type="checkbox"/> (b) _____ 1-5 years ago         | <input type="checkbox"/> Dyslexia  | <input type="checkbox"/> High or low blood pressure        |
| <input type="checkbox"/> (c) _____ More than 5 years ago | <input type="checkbox"/> Mood Changes  | <input type="checkbox"/> Varicose Veins                    |
| <input type="checkbox"/> Other Accidents / Falls         | <input type="checkbox"/> Lose Temper Easily  | <input type="checkbox"/> Liver Trouble                     |
| <input type="checkbox"/> Knocked Unconscious             | <input type="checkbox"/> Headache  | <input type="checkbox"/> Gall Bladder Trouble              |
| <input type="checkbox"/> Back Curvature                  | <input type="checkbox"/> Neck pain or stiff R.L.   | <input type="checkbox"/> Digestive Problems                |
| <input type="checkbox"/> Mental or Emotional Disorders   | <input type="checkbox"/> Numbness, tingling, or pain in arms<br>hands, fingers R.L.  | <input type="checkbox"/> Excessive Gas                     |
| <input type="checkbox"/> Arthritis                       | <input type="checkbox"/> Jaw Pain or Click (TMJ) R.L.  | <input type="checkbox"/> Belching/bloating after meals     |
| <input type="checkbox"/> Diabetes                        | <input type="checkbox"/> Head seems too heavy  | <input type="checkbox"/> Heartburn                         |
| <input type="checkbox"/> Swollen or Painful Joints       | <input type="checkbox"/> Head & Shoulders feel tired   | <input type="checkbox"/> Ulcers                            |
| <input type="checkbox"/> Convulsions / Epilepsy          | <input type="checkbox"/> Difficulty in excessive (standing<br>walking, sitting, riding, bending,<br>lifting, twisting, household duties) | <input type="checkbox"/> Diarrhea / Constipation           |
| <input type="checkbox"/> Skin Problems                   | <input type="checkbox"/> Shoulder pain R.L.  | <input type="checkbox"/> Colon Trouble                     |
| <input type="checkbox"/> Itching                         | <input type="checkbox"/> Dizziness   | <input type="checkbox"/> Hemorrhoids                       |
| <input type="checkbox"/> Bruise Easily                   | <input type="checkbox"/> Ringing in ears R.L.  | <input type="checkbox"/> Prostate problems                 |
| <input type="checkbox"/> Cancer                          | <input type="checkbox"/> Hearing Loss R.L.   | <input type="checkbox"/> Impotence                         |
| <input type="checkbox"/> Frequent Colds/Flus             | <input type="checkbox"/> Fainting  | <input type="checkbox"/> Kidney Stones                     |
| <input type="checkbox"/> Nervousness                     | <input type="checkbox"/> Loss of balance   | <input type="checkbox"/> Kidney Trouble                    |
| <input type="checkbox"/> Tension                         | <input type="checkbox"/> Low back pain or stiffness R.L.   | <input type="checkbox"/> Frequent Urination                |
| <input type="checkbox"/> Depressed                       | <input type="checkbox"/> Upper back pain or stiffness R.L.   | <input type="checkbox"/> Discharge                         |
| <input type="checkbox"/> Irritable                       | <input type="checkbox"/> Mid back pain or stiffness R.L.   | <input type="checkbox"/> Menstrual problems / PMS          |
| <input type="checkbox"/> Anemia                          | <input type="checkbox"/> Pain with cough, sneeze, or strain at stools  | <input type="checkbox"/> Menopausal problems               |
| <input type="checkbox"/> Excess Sweating                 | <input type="checkbox"/> Hip pain R.L.   | <input type="checkbox"/> Breast lumps, soreness, discharge |
| <input type="checkbox"/> Tremors                         | <input type="checkbox"/> Foot trouble L.R.   | <input type="checkbox"/> Pregnant (now)                    |
| <input type="checkbox"/> Light Bothers Eyes              | <input type="checkbox"/> Chest Pain  | <input type="checkbox"/> Hepatitis                         |
| <input type="checkbox"/> Under Stress                    | <input type="checkbox"/> Asthma  | <input type="checkbox"/> Venereal Disease                  |
| <input type="checkbox"/> Crave Sweets or Salt            | <input type="checkbox"/> Difficulty Breathing  | <input type="checkbox"/> AIDS / HIV                        |
| <input type="checkbox"/> Eating Disorders                | <input type="checkbox"/> Detached Retina   | <input type="checkbox"/> Trouble Sleeping                  |
| <input type="checkbox"/> Trouble Concentrating           |  | <input type="checkbox"/> Lung Problems                     |
| <input type="checkbox"/> Loss of Memory                  |  | <input type="checkbox"/> Knee Pain                         |
| <input type="checkbox"/> Ear Infections                  |  | <input type="checkbox"/> Glaucoma                          |

Rehabilitative Massage, LLC  
Timothy P. Haster, L.M.T. #10525

**WHAT IS YOUR HEALTH PHILOSOPHY?** (What should you do to be healthy?) \_\_\_\_\_  
\_\_\_\_\_

**HOW DO YOU WANT US TO HANDLE YOUR PROBLEM?**

\_\_\_\_\_ Temporary Relief (Help the symptom but do not fix the cause of the problem)

\_\_\_\_\_ Maximum Correction (Correct the cause of the problem for maximum stability in the future)

**WHY DID YOU COME INTO OUR CLINIC AND WHAT ARE YOUR EXPECTATIONS OF US?**

\_\_\_\_\_  
\_\_\_\_\_

1. What are your favorite hobbies or activities to do now? \_\_\_\_\_
2. Are your current problems affecting these activities or hobbies? \_\_\_\_\_
3. What activities are you looking forward to doing in retirement? \_\_\_\_\_
4. Who would you like to be doing these with? \_\_\_\_\_

**ON A SCALE OF 1-10 (10 being the most, and 1 being the least):**

\_\_\_\_\_ How committed are you at being at your maximum health potential?

\_\_\_\_\_ How committed are you to preventing arthritis and maximizing spinal stability?

What surgeries have you had? \_\_\_\_\_

List drugs you now take (prescription and non-prescription): \_\_\_\_\_  
\_\_\_\_\_

Name other doctors you have seen for this condition: what was done, and for how long? \_\_\_\_\_  
\_\_\_\_\_

**FINANCIAL POLICY**

WE ARE COMMITTED TO PROVIDING YOU WITH EXCELLENT AND AFFORDABLE HEALTH CARE.

The following policy is designed to help us continue to do so.

**BILLING:** Our patients are expected to make payments in the office at the time of service, unless payment arrangements have been approved in advance by our staff. Pharmacy items such as herbs and supplements must be paid for upon receipt. Payment can be in the form of check, cash, or credit card.

**INSURANCE:** If your treatment is covered by health insurance, you may use your receipt to bill your insurance company by attaching the receipt to your claim form and mailing both to your insurance company. All information needed by insurance companies for reimbursement has been included on the receipt.

**CANCELLATIONS:** If unable to keep an appointment, please give us 24 hours notice. IF YOU FAIL TO KEEP YOUR APPOINTMENT OR CANCEL WITHOUT PRIOR NOTICE, THERE WILL BE A FULL OFFICE FEE.

I have read and understand the above information and agree to the conditions set forth.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_